# WELCOME TO THE WILLOW FIELD





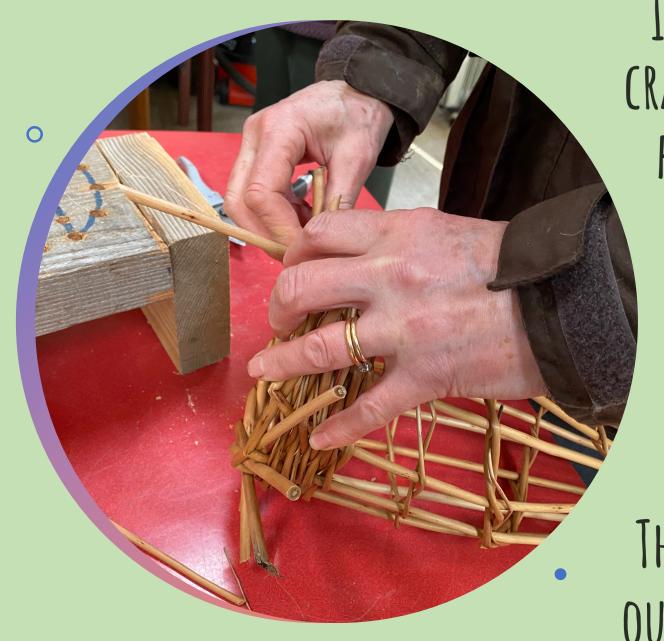




## WHERE WE ARE THE WILLOW FIELD, NATURALLY USEFUL MARCASSIE FARM, RAFFORD, BY FORRES







IN THE AFTERNOONS WE MAKE CRAFTS TO SELL, LIKE WILLOW BIRD FEEDERS, RAG RUGS AND PAPER



THERE WILL BE AN EXHIBITION OF OUR WORK AT THE END OF THE YEAR

WE EAT OUR PACKED LUNCHES TOGETHER AT 12.30PM

WE ENJOY TEABREAKS
IN THE MORNINGS
AND AFTERNOONS







#### BUS SCHEDULE

LOCATION	PICK UP TIME	DROP OFF TIME	COST (RETURN)
<b>FORRES</b> Leys Road Car Park	10.20AM	3.10PM	£5
<b>ALVES</b> RECYCLING POINT	10.10AM	3.20PM	£7
<b>ELGIN</b> Lossie Green Car Park	10AM	3.30PM	£10





#### MEET THE TEAM

FRANCESCA SPENDS ALL DAY WITH THE GROUP.

SOME OF HER FAVOURITE THINGS
TO DO ARE SPENDING TIME
OUTDOORS, BEING CREATIVE AND
GETTING TO KNOW PEOPLE.

MEET THE TEAM

EMILY IS OUR HEALTH & WELLBEING COORDINATOR SHE SPENDS THE MORNINGS GARDENING WITH THE GROUPS





#### MEET THE TEAM

AMY IS A MAKER, TUTOR AND DIRECTOR AT NATURALLY USEFUL.

SHE TEACHES CRAFTS TO THE GROUPS IN THE AFTERNOONS.

SHE LOVES TO GARDEN, DANCE AND SING.





### MEET THE WIDER NATURALLY USEFUL TEAM

OTHER FACES YOU MIGHT SEE AROUND:

KAREN IS THE FOUNDER OF NATURALLY USEFUL.

SHE IS ALSO A MAKER, TUTOR AND DIRECTOR.

SHE LOVES TO MAKE, GARDEN AND SHARE HER SKILLS

WITH OTHERS.

IF YOU SEE KAREN, HER FOUR-LEGGED FRIEND, SALLY, IS SURE TO BE CLOSE BY.

#### MEET THE MAKERS AT NATURALLY USEFUL







HANNAH

#### MEET THE MAKERS AT NATURALLY USEFUL





KATIE

JODIE





#### COST

WE ARE HAPPY TO OFFER THE FIRST SESSION FOR FREE SO YOU CAN DECIDE IF YOU WANT TO JOIN.

EACH SESSION THEN COSTS £65 PER PERSON,
PAYABLE VIA SDS OPTION 1. WE RUN IN SIX-WEEK
BLOCKS WITH A PAUSE EACH SEVENTH WEEK.

PLEASE DON'T LET MONEY BE A BARRIER — WE ARE HAPPY TO DISCUSS PAYMENT OPTIONS.

FOR MORE INFORMATION, VISIT WWW.NATURALLYUSEFUL.CO.UK/
HEALTH-AND-WELLBEING

IF YOU OR SOMEONE YOU KNOW WOULD LIKE TO JOIN OUR GROUP, PLEASE CONTACT EMILY AT CARE@NATURALLYUSEFUL.CO.UK
OR CALL 01309 675052

WE LOOK FORWARD TO HEARING FROM YOU!



